



Schedule for 2026 VISAA Indoor State Track and Field Championships:

(Possibly subject to slight changes once we have all entries. The meet will not go more than 15 minutes ahead of schedule unless weather conditions make it necessary to expedite the meet by going to a rolling schedule.)

THE FINAL SCHEDULE WILL BE RELEASED NO LATER THAN THE MORNING OF 2/12/26.

Coaches Meeting: 10:00

Field events: 10:30 START for all except Triple Jump which will follow Long Jump. The venue has two competition areas for each field event. We will use one for boys and one for girls beginning at the same time.

- Boys Long Jump - 10:30 DI followed by DII (or possibly combined depending on numbers)
- Girls Long Jump - 10:30 DI followed by DII (or possibly combined depending on numbers)
- Boys Triple Jump - following LJ - DI followed by DII (or possibly combined depending on numbers)
- Girls Triple Jump - following LJ - DI followed by DII (or possibly combined depending on numbers)
- Boys High Jump - 10:30 - DII followed by DI (or possibly combined depending on numbers)
- Girls High Jump - 10:30 - DII followed by DI (or possibly combined depending on numbers)
- Boys Pole Vault - 10:30 - DII followed by DI (or possibly combined depending on numbers)
- Girls Pole Vault - 10:30 - DII followed by DI (or possibly combined depending on numbers)
- Boys Shot Put - 10:30 - DI followed by DII (or possibly combined depending on numbers)

- Girls Shot Put - 10:30 - DI followed by DII (or possibly combined depending on numbers)

11:00 B Sections of 3200 (If necessary due to number of entries. Top 24 in the fast sections based on best performance)

12:30 55mh Semifinals (DI girls followed by DII girls; then DI boys followed by DII boys)

12:45 55m Semifinals

1:05 4x800m Relay Finals

1:50 55mh Finals (DI girls followed by DII girls; then DI boys followed by DII boys)

2:05 55m Finals

2:15 1600m Finals

2:50 4x200m Relay Finals

3:30 500m Finals

3:55 1000m Finals

4:20 300m Finals

4:45 3200m Finals (Top 24 entrants per race)

5:45 4x400m Relay Finals

6:45 Awards ceremony